



# Test YOUR KNOWLEDGE



▶ **WELCOME VIDEO** What does Christie say when she uses her magic wand?

▶ **DAY 1** What was Kim's magnetic message?

▶ **DAY 2** What did Jayne do before speaking to Christie for the first time?

▶ **DAY 3** What must you do before creating a course?

▶ **DAY 4** What's the name of the bridge you must help your challengers cross?

▶ **MASTERCLASS** What island prevents your challengers from taking the next step?

▶ **BONUS TRAINING** What does Christie do after each 5-day challenge?