



BUILD YOUR
Own
COURSE
5-DAY CHALLENGE

**How to Stop Thinking
About Creating Your Own Course
and Actually Make It Happen!**

By Christie Miller

Welcome to the 5-Day Build Your Online Course Challenge!

Hi, I'm Christie Miller and I'm super excited you're joining me for what will certainly be a **fun-filled and informative time together!**

If you're like most of the health coaches and fitness professionals I know, you're tired of trading dollars for hours in private sessions and are maybe a little bit envious of those coaches who are working less, making more, and having a much greater impact on the health of the world.

That's exactly why I created this 5-day challenge to get you started on course creation!

But before that gremlin in your head tells you it's too late to create your course, or the market is over-saturated, let's quiet that voice with some facts from market research firm Global Market Insights:

ONLINE COURSES ARE GROWING TO

1 TRILLION BY 2027!

THAT'S 9 TIMES WHAT IT WAS IN 2015 (\$107 BILLION)

There's room for you and it's your time ... so let's do this!

Hugs,

Christie

Here's HOW the challenge will work...

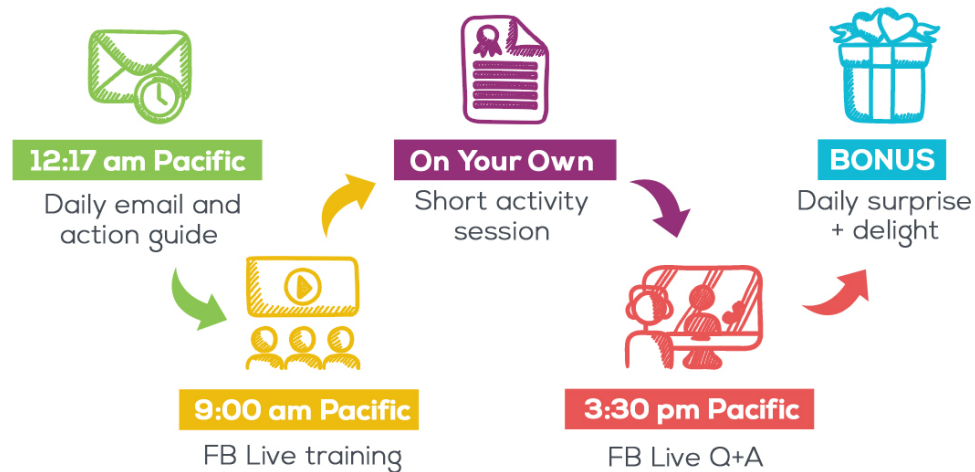
It's my intention this week to give you enough information to *get started on your course creation.*

For some of you this challenge will be enough. For others, you'll want my expert eyes, my guiding hands, and my soft foot (for a kick in the butt) to help you get that course of yours out of your head and into the world.

If that's you...don't worry. Enrollment in our [Courses Made Easy](#) course will open very soon.

For now, let's concentrate on our time together.

Here's how each day will work:



I hope you're hungry because I'm serving some tasty challenge bites this week.

CHALLENGE BITES

Serving Size: 5 days Servings Per Container: Unlimited

AMOUNT PER SERVING	% DAILY VALUE
Your Health, Wealth & Happiness	100%

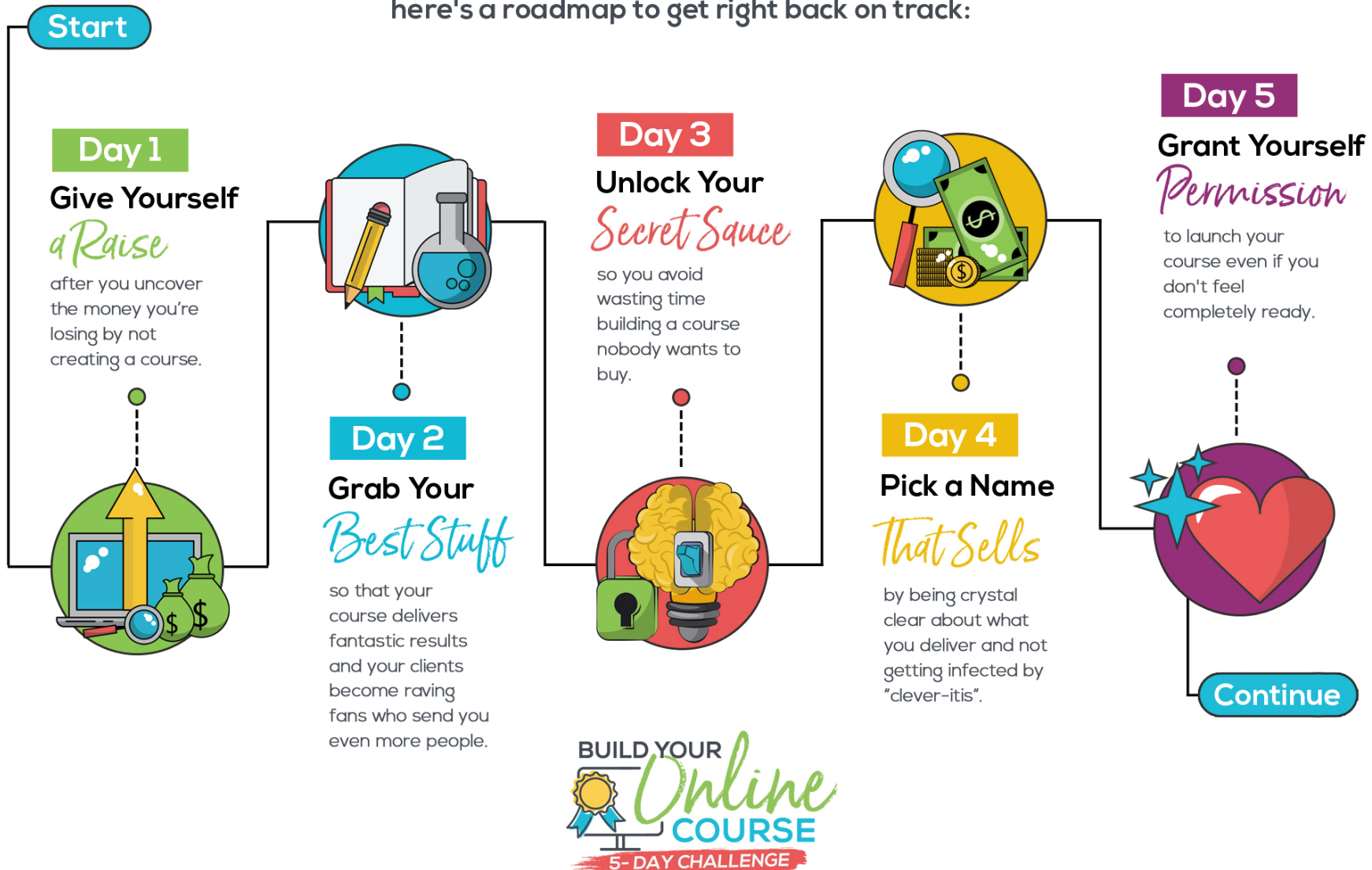
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Staying Stuck on the 1:1 Hamster Wheel	0%
Maximizing Your Impact Online	100%

COOKED UP BY **CHRISTIE MILLER**
www.BuildYourCourseChallenge.com

Challenger's Roadmap

You're busy, I get it. So if you happen to miss a day (gasp!), here's a roadmap to get right back on track:



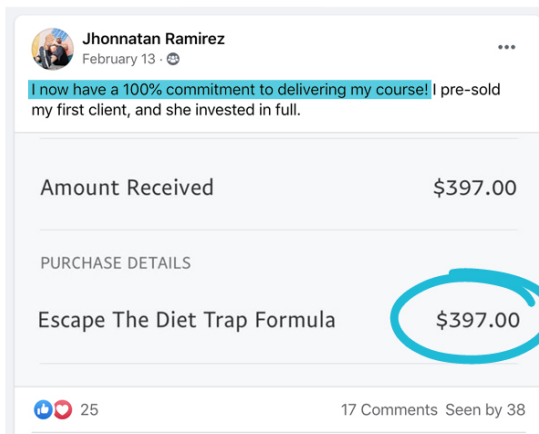
WARNING

This challenge will change your business when you fully participate in each day's activity.

Jhonnatan
Played to Win
and pre-sold his first client
before he created his course!



Christie Miller
YEAH BUDDY!
Like · 44w



Mahina loved the
"way over the top"
challenge that gave her the
kick in the pants she needed!



Mahina Tarayao Mason
I attended every single live session (a first for me) and it was the kick in the pants that I needed to get back on it! Thank you **Christie** and **Jayne** for all the effort and fun you put into this "way over the top" 5-day challenge! Seriously, you over delivered, again! ❤️❤️👏👏

Like · 45w



Tara *Got the Fuel* she needed!



Tara Litz Birely
Christie Miller Nailing down my UPS! While it seems fun to be a "jack of all trades" and help everyone, I would rather be a "master of one".
Clarifying my niche is exactly the fuel I needed.
Forever grateful! 🙏

Like · 45w



Challenger's Scorecard

Keep yourself on track with this Challenger's Scorecard. At the end of the challenge we will give away over \$3,000 of prizes and all you have to do to be eligible is submit your scorecard.

Give Yourself a Raise
DAY 1

Grab Your Best Stuff
DAY 2

Unlock Your Secret Sauce
DAY 3

Pick a Name That Sells
DAY 4

Grant Yourself Permission
DAY 5

- Watch and comment on the FB Live training
- Complete today's action guide and comment on the daily graphic
- Engage in the Facebook group

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- Attend one of the Masterclasses
- Complete today's action guide and comment on the daily graphic
- Engage in the Facebook group
- Submit your scorecard

CLICK HERE to Register for the BYOC Masterclass